

# FAST SCALE

1	Normal Aging	No deficits whatsoever.
2	Possible Mild Cognitive Impairment	Subjective functional deficit.
3	Mild Cognitive Impairment	Objective functional deficit interferes with complex tasks.
4	Mild Dementia	IADLs start experiencing lapses such as paying, cooking, cleaning, travel.
5	Moderate Dementia	Needs help selecting appropriate attire.
6a	Moderately Severe Dementia	Needs help putting on clothes.
6b	Moderately Severe Dementia	Needs help bathing.
6c	Moderately Severe Dementia	Needs help toileting.
6d	Moderately Severe Dementia	Urinary incontinence.
6e	Moderately Severe Dementia	Fecal incontinence.



7a	Severe Dementia	Speaks 5-6 words a day.
7b	Severe Dementia	Speaks only 1 word clearly.
7c	Severe Dementia	Can no longer walk
7d	Severe Dementia	Can no longer sit up.
7e	Severe Dementia	Can no longer smile.
7f	Severe Dementia	Can no longer hold up head.



Karnofsky Performance Scale



NY Heart Association Functional Classification



Palliative Performance Scale



Adult BMI Calculator